

HEART DISEASE IS THE #1 KILLER OF WOMEN.

# THE *heart* TRUTH FOR WOMEN



WHAT YOU LEARN IN 1 HOUR COULD SAVE YOUR LIFE.

## FREE HEALTH INFORMATION SESSION: WOMEN AND HEART DISEASE

**Date:**

**Time:**

**Location:**

**RSVP:**

*Get* *The Heart Truth* about heart disease and the risks for women.  
Get the facts. Know your risk.  
And be motivated to take action.

Every woman needs this information.  
Take a first step to protect your heart.  
Attend this session.



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
National Institutes of Health  
National Heart, Lung, and Blood Institute

Originally printed March 2003  
Revised November 2005

*The Heart Truth* campaign is sponsored by the National Heart, Lung, and Blood Institute, part of the National Institutes of Health, U.S. Department of Health and Human Services in partnership with: American Heart Association; Office on Women's Health, U.S. Department of Health and Human Services; WomenHeart: the National Coalition for Women with Heart Disease; and other organizations committed to the health and well-being of women.